

Pre-Operative Instructions

Instructions Preceding Surgery

For patients having general anesthesia or intravenous sedation:

- do not have anything to eat or drink for at least 6 hours prior to the appointment, including water at least 2 hours prior to the appointment.
- If you take medications regularly, you should still take them with small sips of water as necessary at the regular time. Also, any additional medications which might be prescribed to you by our office should be taken with small sips of water as directed.
- Wear comfortable, loose fitting clothing with short sleeves. Avoid flip-flops, boots or shoes with heels.
- a responsible adult must accompany you, remain for the duration of the appointment, and take you home. We ask that your escort accompany you to the office so that we can let them know when you will be ready to leave the office and give them appropriate instructions.
- Avoid wearing jewelry, facial piercings, makeup, nail polish or eye cosmetics. If you wear contact lenses, please remove them prior to your appointment. These items can become lost or dislodged during the surgery and it may go unnoticed.
- Avoid smoking and use of narcotics the day of surgery.
- Your mouth and teeth should be well cleansed on the day of the procedure to help avoid infection.
- Do not ignore an illness when oral surgery is to be performed. Please call the office if you have any symptoms, as an appointment change may be necessary.

If you are going to have local anesthesia only, you may eat prior to your appointment and do not need somebody to accompany you to the office. Please check with the office whether or not we would be willing to perform the procedure under local anesthesia before choosing to eat or drink.